

PAIN Breakthrough

EFAC

FREE Samples
1-866-Natural

Esterified Fatty Acid Complex or EFAC, which is not to be confused with essential fatty acids, may be our most potent natural anti-inflammatory. Clinical trials using EFAC both as a topical agent and as an oral supplement, have demonstrated dramatic results.

Awarded Best Paper Scripps Medical Conference

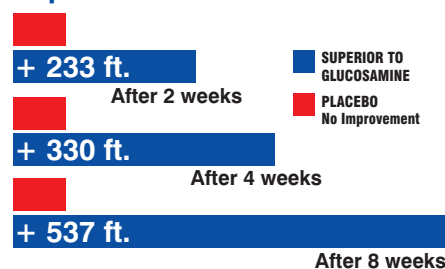
In 2007 researchers using EFAC as an oral supplement were awarded the best paper out of the 90 papers presented at the Scripps Medical Conference in San Diego. The researchers were investigating knee osteoarthritis or OA. In this trial, as in previous trials using EFAC, pain scores improved quickly and significantly.

However, since pain is largely subjective, the research team wanted objective data as well. The researchers decided to measure how far patients could go in a timed 6-minute walk. Presumably patients with knee OA would walk slower due to pain and/or stiffness.

The patients were tested prior to supplementation to establish a baseline and then again after 2, 4 and 8 weeks. In addition to less pain, **in just 2 weeks**, the treated patients improved as they were able to walk an extra 233 feet. And after 8 weeks they were able to walk a remarkable 537 feet more

NOTE: The placebo group of patients did not improve, which makes the results that much more significant.

Timed 6 minute walk Improvement over baseline



EFAC vs Glucosamine

In 1994 I was part of the team that introduced glucosamine. After more than a decade of dispensing glucosamine, I have a very good idea of what to expect clinically.

Then I had the opportunity to try EFAC and was immediately impressed by how effective it was. Soon after, I started using both the topical cream and softgel capsules for a wide range of inflammatory/pain conditions - with great success (unlike glucosamine which I was recommending specifically for osteoarthritis). I often see very dramatic results with EFAC whereas with glucosamine or chondroitin the effects are relatively mild if at all. And it was fast, especially in the cream form, which provided pain relief in 10 to 15 minutes, hence the EFAC name -

Superior to Glucosamine!

TRUST the SCIENCE

PAIN RELIEF CREAM

Journal of Rheumatology 2004
WITHOUT MENTHOL

J. of Strength and Conditioning 2005
WITHOUT MENTHOL

J. of Strength and Conditioning 2005
WITH MENTHOL

ANTI-INFLAMMATORY CAPSULES

Journal of Rheumatology 2002

Scripps Conference, San Diego, CA 2007

AWARDED BEST PAPER
Out of the 90 Papers Presented

CREAM Relief in minutes CAPSULES Long-term Benefits

EFAC VS GLUCOSAMINE

National Institute for Health (NIH): Glucosamine Arthritis Intervention Trial (GAIT)

NIH GAIT Study

All this information on EFAC comes at a very important time. The NIH conducted the GAIT trial, which is the largest (1583 patients) and most rigorous trial ever conducted on glucosamine and chondroitin. In 2006 the initial results of the trial were released: After 6 months of treatment there **WAS NOT a statistically significant reduction of knee pain compared to placebo!**

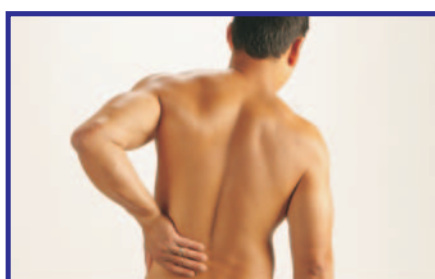
However many glucosamine supporters continued to recommend glucosamine and chondroitin despite the negative results in the NIH trial based on the following logic: Even if it did not relieve pain, it would still provide benefit for the cartilage.

GAIT trial patients were given the option to continue for an additional 18 months for a total treatment period of 2 years to determine whether glucosamine and/or chondroitin would benefit their cartilage. The final trial data was published Oct. 2008. The results: glucosamine and/or chondroitin came up short again, as they **DID NOT prevent a statistically significant loss of cartilage.**

The Journal of Rheumatology

Two clinical trials using EFAC to treat osteoarthritis have been published in the highly regarded Journal of Rheumatology, once as an oral capsule and once as a topical cream.

In the topical cream trial, patients were tested at baseline, 30 minutes after the first application to the knees and after 30 days of applying the cream twice daily. Range of motion of their knees, ability to ascend and descend stairs, ease of getting up from a sitting position and the balance of patients stepping down was tested. Remarkably, after only 30 minutes the cream (without menthol) improved the ability of patients to perform the above tasks. And there were long-term benefits too, as patients improved after 30 days.



EFAC DEEP RELIEF

Esterified Fatty Acids are unique in that they are absorbed topically.

Superior to Glucosamine! cream contains both EFAC and menthol. Together they offer the cooling pain relief of menthol and the benefit of EFAC penetrating deeply and quickly to reach painful muscles and joints. A winning combination to enhance pre and post chiropractic treatment results!



Your Opinion Matters

Patients look to you for the latest evidence based solutions. Should you continue to recommend glucosamine and chondroitin? Taking the position that glucosamine and chondroitin may not help, but it will not hurt, is simply not serving the best interests of our patients.

It is accepted that pain is often due to inflammation- **Inflamed Tissues are Painful Tissues.** EFAC both topically and orally provide us with a NEW, NATURAL and CLINICALLY PROVEN tool to combat inflammation.

Dr. Kim Vanderlinden
NutraNaturals



Visit us at
Parker, Las Vegas
Booth # 1611

www.PainRelief.info
www.IP6.info
www.SlowlyAndSurely.com

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